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PREOU

ENERGY EFFICIENT HEATING SYSTEMS



AUTUMN 2016

NEWS *in brief*

LONDON BOROUGHS of **HAVERING** -WORKS



Robert Beard Youth Centre - This Youth Centre was being supplied by an old inefficient oil boiler and the plant room sorely needed refurbishing. We designed and modified the existing system, replacing all the outdated plant with new, efficient units.

**HEATING
& BOILERS**

LONDON BOROUGHS of **REDBRIDGE** -WORKS



Seven Kings High School - Works were completed during the school summer shutdown to cause as little disruption to the school as possible. The school needed all domestic pipework upgraded throughout the building and 2 cold water storage tanks installed in the tank room, to supply all laboratories with cold water. Our specialised team also carried out control panel modifications to suit the new configuration of the pump.

SCHOOL WORKS

LONDON BOROUGHS of **HACKNEY & ENFIELD** -WORKS



Hackney Pirates - Our Client the London Borough of Hackney, wanted to improve air flow and ventilation throughout the premises. Our survey highlighted any new ventilation routes would be obstructed by structural beams causing additional air flow restriction; the solution was to increase the unit size to compensate for the increased ducting run. Our team completed works on time and within budget.

Hadley Wood School - We were awarded the contract to install a new A. O. Smith Gas Fired Water Heater and upgrade all hot and cold pipework throughout the building. As part of the works we also upgraded the underground water main to give the school the desired water pressure and flow.

DESIGN & INSTALL



WELCOME TO OUR AUTUMN NEWSLETTER

Did you know we are specialists in boiler house refurbishment, with over 50 years of experience.

Our expertise in this field is considerable, enabling us to confidently plan and execute complex schemes. This avoids the Client suffering plant down time. However our expertise doesn't stop here. We provide second to none services:-

- Heating
- Air Conditioning
- AC Refrigeration
- Ventilation
- Drainage
- Pipework Water Tanks
- School Boiler Houses
- Boiler Plant Hire

SCHOOL HALF TERM & CHRISTMAS HOLIDAY SHUTDOWN WORKS

We deliver a fast first class half term and Christmas holiday boiler house, hot and cold water refurbishment service. The school autumn and winter holidays are fast approaching, we're aware projects during this time of year are a challenge, the key to our success is planning, ensuring no mechanical down time of services to our Clients. Carrying out refurbishments in occupied buildings, whether they be schools, leisure centres, offices or hospitals is our speciality. We strive to maintain services in occupied buildings whilst making improvements. Our team have developed a unique method of delivering a cost effective solutions, whilst minimising disruption. End result; the customer is left with a 21st Century system that they can be confident with, completed on time and within budget.

Members of the BESA for over 25 years, Gas Safe, Constructionline and Exor. We are qualified to provide an excellent service and the highest quality energy efficient heating and hot water systems. Keeping abreast with the latest equipment we continue to exceed our Clients expectations.



EVENT | COMMUNITY | CHALLENGES

BEAR GRYLLS RACE FOR RHINO SURVIVAL

OUR CHAMPION CHALLENGER DANIEL HEROLD

October 5th, 2015 - Daniel joined the Bear Grylls 10k Survival Race, to raise funds towards charities to save Rhinos and their habitats. We have links with Saving the Survivors and have been supporters of Tusk since 2004, and all monies raised by Daniel will contribute towards ensuring the longevity of these amazing creatures. This tough race is designed to test and develop your tenacity and adventure spirit, requiring both physicality and courage. There were at least 35 obstacles to challenge racers along the course. Racers needed to be able to complete lifts, carries, water obstacles and a variety of medium and difficult obstacles. Daniel said "No problem". He went on to raise over £150 for this very worthy cause.



LONDON BRIDGES CHALLENGE 2016

For sometime now we've been talking about raising money for Diabetes UK. Chris, Joe, Julia and Daniel will be taking part in the 10 mile walk to help Diabetes UK to do extraordinary things for people affected by diabetes in the UK. We all have close family and friends who have been greatly affected by this debilitating disease.

On the 9th October, we will be starting from Chelsea Football Club making our way across 13 London Bridges to finish at Tower Bridge, where Arthur is meeting us with a much deserved refreshment! If you would like to support us and our challenge to raise much needed funds for this wonderful charity or see the photos of our strike-the-pose walkers please visit our JustGiving page; www.justgiving.com/team-preou-LBC2016

PRUDENTIAL 100 RIDE LONDON-SURREY 2015



Julia had a call from Tusk asking if she would help raise money and awareness for them. www.tusk.org.

We at A. C. Preou support environmental awareness and the natural world and were very happy to support Julia's ride for Tusk. "I took on the challenge not really knowing what it was to entail but happy to support Tusk as much as I can. The first hurdle; was my 25 year old mountain bike going to make it or me for that matter. The second hurdle; learning to change a tyre. Third hurdle; riding with my feet attached to peddles. Yikes! But the many hours of training paid off, I completed the 100 Mile Ride through London and the Surrey hills in 7.5 hours, a fantastic personal achievement as before this I'd never ridden more the 10 miles in my life!" My thanks to A. C. Preou for all their support."

Julia raised over £1300 for The Tusk Trust.

PRUDENTIAL 100 RIDE LONDON-SURREY 2016

Daniel rose to the challenge again this year, this time taking on the Prudential Ride London-Surrey 100.

This amazing race starts from The London Olympic park through and out of London to the Surrey hills, then back to London. The course is a real 100 mile challenge with a time trial of completion in no more than 8.5 hours. Daniel smashed this in just 6 hours with an hour stop! Well done to Daniel raising £800.00 for The Tusk Trust.



LAUNCH OF OUR NEW WEBSITE www.preou.co.uk

We've been working on our new website over this last year, it's taken time but we think well worth it. We hope you like it and if you have any comments please email: joeward@preou.co.uk

